

Date

**Te Whatu Ora**  
Health New Zealand

Addressee  
Address 1  
Address 2  
Town/City Postcode

Dear Dr ,

**Re:**

We have diagnosed vitamin D deficiency in your patient (above). As initial replacement therapy, we have given her 12 tablets of calciferol during pregnancy. It will be important for her to continue long term replacement therapy. It is appropriate for you to give her an annual prescription for calciferol tablets (12 Tablets). Patients typically take one tablet monthly or 6 tablets every 6 months.

We have suggested that she asks for her first repeat prescription when she sees you for her six weeks postpartum review. Vitamin D levels do not need to be rechecked.

Ngā mihi,

[signature]

**Firstname Surname**

Iwi if applicable

**Title Te Reo Māori | Title English**

**Function/Service or Region/District**

**Auckland City Hospital, Te Whatu Ora**  
**National Women's Health, Diabetes in Pregnancy Service**  
Private Bag 92024, Victoria St, West Auckland 1142  
Waea pūkoro: 09 307 4949 ext:

**Te Kāwanatanga o Aotearoa**  
New Zealand Government