

## How to contact your ADHB Diabetes in Pregnancy midwife

**Free phone:** 0800 728 4368; give the operator your midwife's mobile number

**Our contact hours are  
Monday to Friday, 9am – 3pm**

## Outside normal work hours

Do not text your midwife for any pregnancy emergencies or urgent diabetes concerns.

**Contact your self employed LMC or contact Women's Assessment Unit (WAU) on 09 631 0784.**

WAU is open 24 hours, 7 days a week.

### Diabetes Service

**WH014** Reviewed December 2019  
hiws@adhb.govt.nz

Midwife	Contact details
Aleisha Cresswell	021411247
	Aleishac@adhb.govt.nz
Donna Raymond	021309928
	DRaymond@adhb.govt.nz
Mel Bradbury	021410697
	MelanieBr@adhb.govt.nz
Breda Caiger	021302478
	BredaC@adhb.govt.nz
Cherry Probert-Pascoe	021415951
	CherryPP@adhb.govt.nz
Aida Siegers	021408645
	AidaS@adhb.govt.nz
Mary Seong	021311604
	Mseong@adhb.govt.nz
Paula Robertson	021310788
	Probertson@adhb.govt.nz
Sarah Mace	021310514
	Smace@adhb.govt.nz
Janet Gorrell	021311568
	JanetG@adhb.govt.nz
Shaqaik Masomi	0211993172
	shaqaikm@adhb.govt.nz
Gillian Guttenbeil	021587859
	Ggutten@adhb.govt.nz

## Information for women attending the Diabetes in pregnancy clinics

**Clinic location:**  
**Outpatients Maternity and  
Newborn Ultrasound  
Level 9, Support Building  
Next to the main  
Auckland City Hospital Building  
Lift C (Orange)**



## Welcome to National Women's Health

The Diabetes in Pregnancy team consists of obstetricians (doctors who look after your pregnancy), physicians (doctors who look after your diabetes) and medical registrars; diabetes midwives, dietitians, and a Health Star Pacific Community Health Worker.

### Diabetes clinics

The clinics are held on the following days and times:

**Monday** 9am - 12pm  
1pm - 4.30pm

**Wednesday** 8am - 2pm

### Appointments

Appointments may take up to 2 - 4 hours. At an appointment you will see multiple health professionals.

Please come prepared with a book, healthy snacks and water.



### To change or cancel your appointment

Please phone your Diabetes in Pregnancy scheduler and leave a message.

**Scheduler** 09 307 4949 extension 25358

**Receptionist** 09 307 4949 extension 25920

### To check the date and time of your appointment

Phone our clinic scheduler on 09 307 4949 extension 25358.

### Things to Remember

- Please contact your diabetes midwife via phone or email at least once per week with your **blood test results**. See contact details on the back of this leaflet.
- Bring your **glucose meter** to each clinic appointment. Write your results down so that the diabetes team can track your progress.
- **For repeat prescriptions and any non-urgent queries, contact the team between 9am-3pm, Monday to Friday.**

## Care during birth

If you don't have a self-employed Lead Maternity Carer (LMC), obstetric and midwifery care will be provided by our Labour and Birthing unit staff.

## Care after birth at home

A midwife will visit you at home within 24 hours of being discharged from the hospital or Birthcare. If no one has visited you and baby during this period, let your LMC know.

## Parking

Wilson's carpark is located in the hospital grounds. Try Carpark A first then B. Alternatively there's meter car parking along Carlton Gore Road.

There is free 90 minute, 2 hour, and 3 hour parking in the Auckland Domain.

**Be aware that parking inspectors frequently monitor these areas.**