

Midwife	Contact details
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Te Whatu Ora
Health New Zealand
Te Toka Tumai Auckland

Classification number: WHD001 (Reviewed: November 2022)
Women's Health information Unit hiws@adhb.govt.nz

Te Whatu Ora
Health New Zealand

**Diabetes in
Pregnancy Clinic**

The Diabetes in Pregnancy team consists of obstetricians (doctors who look after your pregnancy), physicians (doctors who look after your diabetes) and medical registrars; diabetes midwives, dietitians, and a South Seas Healthcare Pacific Liaison.

Diabetes clinics

The clinics are held on the following days and times:

Monday	9am - 12pm 1pm – 4.30pm
Wednesday	8am – 2pm

Appointments

Appointments may take up to 2 – 4 hours. At an appointment you will see multiple health professionals.

Please come prepared with a book, healthy snacks and water.

To check, change or cancel your appointment, please phone your Diabetes in Pregnancy scheduler and leave a message.

Scheduler

09 307 4949 extension 29657

Receptionist

09 307 4949 extension 25920

Things to Remember

- Please contact your diabetes midwife via phone or email at least once per week with your blood test results.
- Bring your glucose meter to each clinic appointment. Write your results down so that the diabetes team can track your progress.
- For repeat prescriptions and any non-urgent queries, contact the team between 9am-3pm, Monday to Friday.

Care during birth

If you don't have a self-employed Lead Maternity Carer (LMC), obstetric and midwifery care will be provided by our Labour and Birthing unit staff.

Care after birth at home

A midwife will visit you at home within 24 hours of being discharged from the hospital or Birthcare. If no one has visited you and baby during this period, let your LMC know.

Parking

Wilson's carpark is located in the hospital grounds. Try Carpark A first then B. Alternatively there's meter car parking along Carlton Gore Road.

There is free 90 minute, 2 hour, and 3 hour parking in the Auckland Domain. Be aware that parking inspectors frequently monitor these areas.

How to contact your Te Toka Tumai Diabetes in Pregnancy midwife

Free phone

Monday to Friday, 9am – 3pm, give the operator your midwife's mobile number:

0800 728 4368

Outside normal work hours

Do not text your midwife for any pregnancy emergencies or urgent diabetes concerns.

Contact your self employed LMC or contact WAU.

Women's Assessment Unit (WAU)

Open 24 hours, 7 days a week

Outpatients Maternity and Newborn Ultrasound
Level 9, Support Building, Lift C (Orange)

09 631 0784